



# On a bike

## FROM RIGA TO GAUJA NATIONAL PARK



www.adazi.lv  
www.seja.lv  
www.tourism.carnikava.lv  
www.liveriga.com

## CAMPING - CARAVANING - BUNGALOWS "LEIPUTRIJA"



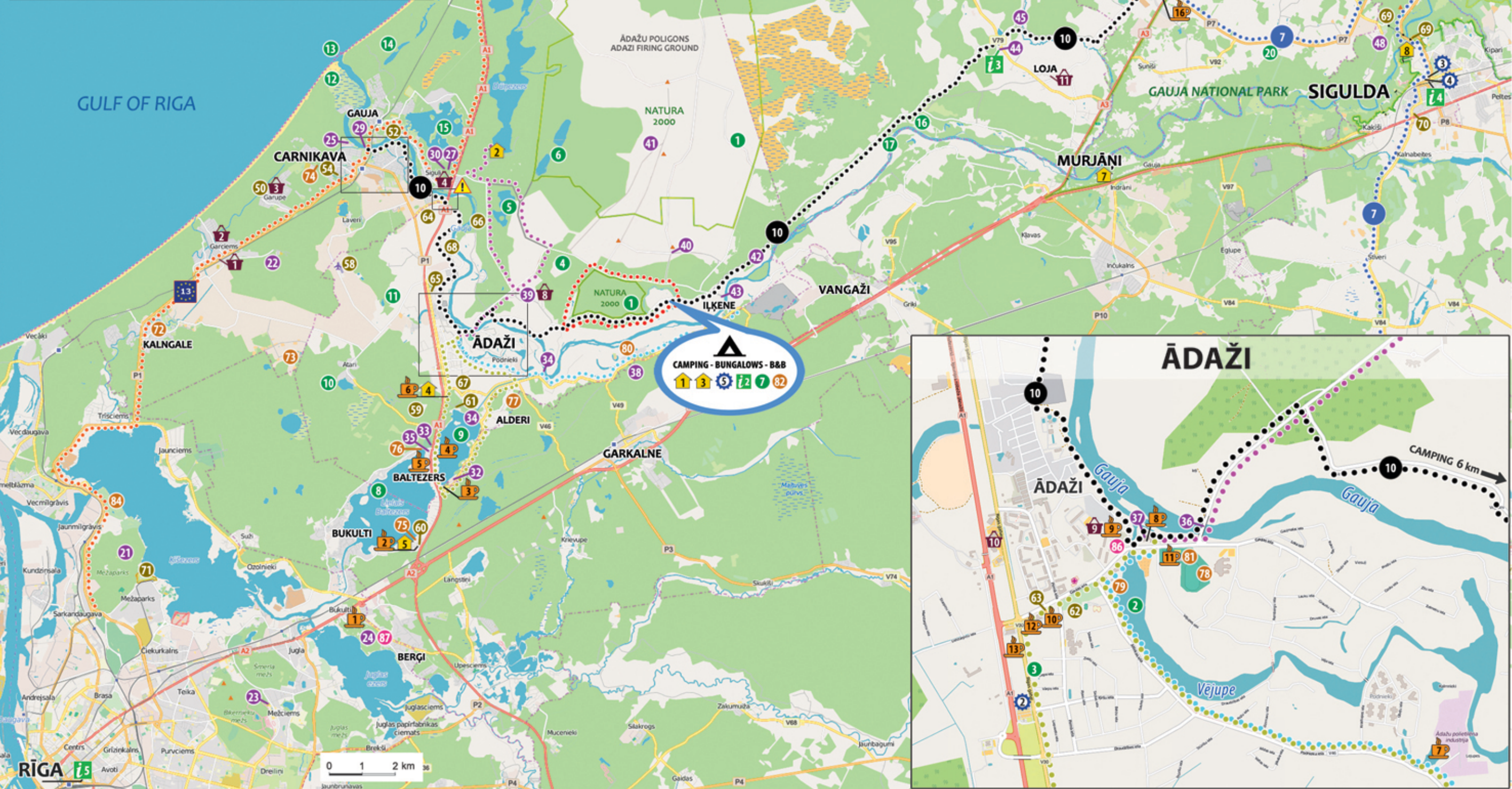
RIGA 25 km



NATIONAL PARK 50 km

www.leiputrija.com / info@leiputrija.com  
(+371) 26405596 / 29267705

GPS: N57°05'22.9" - E24°26'40.7" | N57.089607 - E24.445143



### CARNIKAVA-ĀDAŽI "GREENWAYS"

The route No.10, in its phase from Carnikava to Ādaži goes along the river Gauja, on a recently built dam which offers many nice views and safe riding as there are almost no places on the dam where motorized transport is allowed. Mostly hard gravel, sometimes a bit of sand. The dam is completely leveled therefore no rises or falls will meet You on Your peaceful way.

### ROUTE No.10 - CROSSING THE A1/E67 HIGHWAY:



### TRANSPORTATION

#### TRAINS

Train is the most convenient way of traveling with bicycle: You can always take Your bicycle with You in a train. From Riga central station one can get to many of Latvia's cities and towns, as well as Estonia and Russia. Information: [www.ldz.lv](http://www.ldz.lv)

#### BUSES

There are good bus services among the biggest cities as well as smaller towns and even villages. But many local buses will not have appropriate storage for carriage of bicycles, therefore You should either use a train when possible or find out in advance if the bus is suitable for transportation of a bike. Information (Riga central): [www.autoosta.lv](http://www.autoosta.lv)

### LEGEND



### CYCLING FROM RIGA TO GAUJA NATIONAL PARK

Riga is surely the centre of Baltic states and the gate to active tourism in Vidzeme region. When taking a cycling tour to Vidzeme (e.g. Gauja National park), it is advisable to avoid A2/E77 highway, which is the busiest and therefore noisiest and least appropriate road for cycling between Riga and the national park. As a very good, silent and safe option we suggest route "Riga - Ādaži - Ragana - Sigulda". The distance can be made in 1 day, but we sincerely recommend to choose a more relaxing 2 day trip with overnight stay near Ādaži town and some spare time left for couple of short berry picking - bird watching - photo taking - dining stops.

#### There are 2 common ways to get out of the center of Riga city and reach Ādaži town:

- 1.) Heading north: direction to Vecmīlgrāvis / Vecāķi, through Kalngale and Carnikava seaside towns. There is a cycling path from Riga center to Vecāķi. Later on one will need to switch to P1 road which will lead straight to Carnikava town, from where the most beautiful part of the trip will start (regional route no.10): a ride on a dam, along Gauja river - up to the heart of Ādaži town.
- 2.) Heading east: Along Riga's central street (Brīvības iela, A2/E77), to A1/E67, through Baltezers town. There is a comfy cycling path from Riga border (Jugla) to Ādaži.

**From Ādaži town to Sigulda:** Once in Ādaži, one just needs to keep following the same cycling route (no.10) which further takes to a nice local road (unpaved) through meadows and a forest, pass camping "Leiputrija" and Ilkene village, along the historical Riga-St.Petersburg road. Later one will reach Seja town and finally Ragana town, where the route will meet the national cycling route no.7 on road P9 (P7 after crossing the A3 highway).

**Route no.10:** mostly unpaved local roads with low traffic intensity. Terrain is flat and therefore easy to ride. There is a sandy road section (~500 m long) between camping "Leiputrija" and Seja town. Marking of routes will take place in 2017 and 2018. **Starting point of Route no.10** (link with EuroVelo 13) in Carnikava: N57°08'0.53" E24°17'1.69". The end point of Route no.10 (link to Route no.7) in Ragana: N57°10'55.8" E24°42'45.3"

### Accommodation

1. Camping & bungalows "Leiputrija", Stirninas, Ilkene, Ādažu novads  
Phone: +371 26405596, [www.leiputrija.com](http://www.leiputrija.com), N57°05'22.9" E24°26'40.7"
2. Guesthouse "Gungas", Dīvezeri, Ādažu nov. Phone: +371 29482255  
[www.gungas.lv](http://www.gungas.lv), N57°07'38.2" E24°20'52.0"
3. Guesthouse - B&B "Leiputrija", Stirninas, Ilkene, Ādažu novads  
Phone: +371 26405596, [www.leiputrija.com](http://www.leiputrija.com), N57°05'22.9" E24°26'40.7"
4. Hotel "Porthotel", Kazenes, Ādaži. Phone: +371 67997445  
[www.porthotel.lv](http://www.porthotel.lv), N57°03'43.6" E24°19'26.7"
5. Hotel "Baltvīla", Senču prospekts 45, Baltezers  
Phone: +371 67840640, [www.baltvilla.lv](http://www.baltvilla.lv), N57°01'17.6" E24°18'48.5"
6. Guesthouse "Talleri", Ragana, Krimuldas novads  
Phone: +371 29456457, N57°11'3.7" E24°15'5.4"
7. Camping "Zvīguļi", Krasta 60, Gauja, Ilčukalna novads  
Phone: +371 26138354, N57°07'31.03" E24°41'06.9"
8. Camping "Siguldas pludmale", Peldu iela 2, Sigulda  
Phone: +371 29244948, [www.makars.lv](http://www.makars.lv), N57°09'30.0" E24°50'14.0"

### Catering

1. Restaurant, pizzeria "Zālais maksis", Brīvības gatve 452, Rīga  
Phone: +371 29635552, N56°59'50.1" E24°16'6.22"
2. Hotel restaurant, bar "Baltvīla", Senču prospekts 45, Baltezers  
Phone: +371 67840640, N56°59'50.1" E24°16'6.22"
3. Restaurant, pizzeria "Pica & Grill", "Lāčīši", Baltezers (A1/E67)  
Phone: +371 67436066, N57°02'1.98" E24°19'9.99"
4. Grill, bar "Vistinas, karbonādes, steiki", Baltezers (A1/E67)  
Phone: +371 67399626, N57°02'40.5" E24°18'58.5"
5. Tavern "Vanaga ligzda", "Vanagi", Baltezers (A1/E67)  
Phone: +371 26955476, N57°02'31.9" E24°18'53.8"
6. Hotel restaurant, "Porthotel", Kazenes, Ādaži  
Phone: +371 67997445, N57°03'43.6" E24°19'26.7"
7. Canteen, "Deims" (authentic "sovietic era" meal), Podnieki, Ādaži  
N57°04'7.52" E24°21'45.9"
8. Restaurant, "4 Krasti", Gaujas iela 33A, Ādaži  
Phone: +371 26595924, N57°04'48.7" E24°19'54.4"
9. Cafe "Julata", Gaujas iela 27c, Ādaži  
Phone: +371 67997886, N57°04'50.6" E24°19'38.8"
10. Cafe "Mad Cafe", Gaujas iela 8, Ādaži  
Phone: +371 67347556, N57°04'36.6" E24°19'24.4"
11. Cafe "Spināts", Gaujas iela 26, Ādaži  
Phone: +371 28240653, N57°04'46.5" E24°20'6.06"
12. Cafe-bakery "Saracēns", Rīgas gatve 28a, Ādaži  
Phone: +371 67997865, N57°04'32.2" E24°19'14.3"
13. Tavern "Rančo", Rīgas gatve 17, Ādaži  
Phone: +371 29419296, N57°04'28.3" E24°19'10.8"
14. Pizzeria "Ratatujs", Stacijas laukums, Carnikava  
Phone: +371 20865000, N57°07'43.7" E24°16'45.1"
15. Cafe "Tīne", Rīgas iela 18, Carnikava  
Phone: +371 67972266, N57°10'45.5" E24°42'48.9"
16. Tavern-bistro "Raganas kēkšis", "Stūrnieki", Ragana (A3/E264)  
Phone: +371 67972266, N57°10'45.5" E24°42'48.9"

### Bicycle workshops & rent

1. Workshop, rental "Saulkrasti bicycle museum", Rīgas iela 44A  
Phone: +371 28883160, N57°14'30.7" E24°24'2.03"
2. Bicycle spare parts, shop "Auto duals", mīl "Apelsīni", Rīgas gatve 5, Ādaži (A1/E67). Phone: +371 67550042, N57°04'15.2" E24°19'15.05"
3. Workshop, spare parts, shop "Okey", Raiņa iela 1, Sigulda  
Phone: +371 29351672, N57°09'14.8" E24°51'13.9"
4. Workshop, spare parts, shop "Veloriba", Ausekļa iela 7, Sigulda  
Phone: +371 26488507, N57°09'12.5" E24°51'6.54"
5. Bicycle rental in camping "Leiputrija", Ilkene, Ādažu novads  
Phone: +371 26405596, N57°05'22.9" E24°26'40.7"

### Tourist information

1. Tourist information centre of Carnikava, Stacijas iela 5, Carnikava  
Phone: +371 67708443, [tic@carnikava.lv](mailto:tic@carnikava.lv), N57°07'41.65" E24°16'41.10"
2. Tourist info centre in camping "Leiputrija", Ilkene, Ādažu novads  
Phone: +371 26405596, [info@leiputrija.com](mailto:info@leiputrija.com), N57°05'22.9" E24°26'40.7"
3. Tourist info centre of Seja, "Birzes", Sejas novads (in Sauna museum)  
Phone: +371 25668853, [info@seja.lv](mailto:info@seja.lv), N57°09'48.16" E24°37'18.34"
4. Tourist information centre of Sigulda, Ausekļa iela 6, Sigulda  
Phone: +371 67971335, [info@sigulda.lv](mailto:info@sigulda.lv), N57°09'11.90" E24°51'14.62"
5. Tourist information centre of Riga, Rātslaukums 6, Rīga (old town)  
Phone: +371 67037900, [info@rigatic.lv](mailto:info@rigatic.lv), N56°56'50.30" E24°06'25.28"

